



YOU'RE INVITED TO

# STRIVE'S

PARENTS MEET UP



AN OPPORTUNITY TO SWITCH OFF,  
HAVE TIME FOR YOURSELF, BE  
HEARD AND UNDERSTOOD WITHIN A  
MINDFUL AND SUPPORTIVE SPACE

**EVERY THURSDAY**  
**10.15AM - 11.45AM**

**LINDENGATE**  
**AYLESBURY ROAD WENDOVER**  
**HP22 6BD**

